



Remember something one moment but not later.  
Be easily overwhelmed attempting to keep up.  
Lose track of time.  
Get lost or have trouble finding their way around a previously familiar area.  
Get frustrated or irritated more easily.  
Have unusual mood swings.  
Feel unmotivated.  
Feel withdrawn and want to avoid social situations.

## Gradual Return to Learn Protocol (RTL)

To initiate the RTL Protocol the student must provide written documentation of the diagnosed concussion from a Health Care Professional to the school. Each student must be evaluated by a Health Care Professional prior to the concussion and not to other students. Not all diagnosed concussions require academic accommodations. The RTL Protocol is an option for those students who need the gradual return to a full academic load.

## Accommodation examples

Not all students experience the same symptoms, thus not all students require the same accommodations. This is a list of those commonly used:

Wearing sunglasses	Shorter assignments and assessments
Wearing hats/visors	Extended time
Passing between classes alone	Excused from making up all assignments
Quiet room provided to do work in	Notes, PowerPoints, presentations provided
Audio or video record classes	Alternate location for lunch
Break assignments into smaller chunks	Limit or eliminate screen time
Audiobooks or someone to read to student	No due dates
Detailed step-by-step instructions and directions	Alternate methods of assessment (verbal exam)]TJE`
Allow frequent breaks	
Remove students from the building prior to a fire alarm drill	
Allow usage of headphones for soft music	

